



**Tiverton Senior Center**






207 Canonicus Street

Tiverton, RI 02878

Telephone 401-625-6790 Fax 401-625-6793

**APRIL 2024**



Monday	Tuesday	Wednesday	Thursday	Friday
<b>9:00 TOPS</b> 1 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity  12:30-3 PITCH 1-2 Learn UKULELE w/Otis	<b>9:00 CHAIR YOGA</b> w/Shirley 2  11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art w/Shawndavid	<b>9:00 Functional Fitness</b> w/Deb 3  12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	<b>9:00 Balance &amp; Mobility</b> 4 10:00 Tech Assist with Kristin <b>10:15 ART for Your Mind</b> <i>Early American Art</i> 1:00-3:00 BINGO! 1:00 Knitting for Charity	<b>8:45 Zumba</b> with Jess 5 10:00 Functional Fitness w/Deb 11-3 MahJongg
<b>9:00 TOPS</b> 8 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30-3 PITCH 1-2 Learn UKULELE w/Otis <b>2:30 Care Giver Support Group</b>	<b>9:00 CHAIR YOGA</b> w/Shirley 9  11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art w/Shawndavid	<b>9:00 Functional Fitness</b> w/Deb 10 <b>10:00 Computer Tutorial</b> w/Mark 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	<b>9:00 Balance &amp; Mobility</b> 11 10:00 Tech Assist with Kristin <b>10:15 URI Pharma Outreach</b> <b>MEMORY</b> 1:00-3:00 BINGO! 1:00 Knitting for Charity	<b>8:45 Zumba</b> with Jess 12 10:00 Functional Fitness w/Deb 11-3 MahJongg <b>1:00 Painting with Kristen</b> 
<b>9:00 TOPS</b> 15 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity  12:30-3 PITCH 1-2 Learn UKULELE w/Otis	<b>9:00 CHAIR YOGA</b> w/Shirley 16 <b>10:15 BOOK GROUP:</b> <b>"The Book of Lost Friends"</b> 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art w/Shawndavid	<b>9:00 Functional Fitness</b> w/Deb 17  12:30 CHORUS in Lounge 12:30-3 Cribbage 1-3 Music of Sandy Cook	<b>9:00 Balance &amp; Mobility</b> w/Jess 18 <b>10:00-11:30 Blood Pressure</b> ✓ 10:00 Tech Assist with Kristin 1:00-3:00 BINGO! Guest Caller: Brian Gough 1:00 Knitting for Charity	<b>8:45 Zumba</b> with Jess 19 10:00 Functional Fitness w/Deb 11-3 MahJongg <b>1:00 DRUM CIRCLE!</b> 
<b>9:00 TOPS</b> 22 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30-3 PITCH 1-2 Learn UKULELE w/Otis <b>2:30 Care Giver Support Group</b>	<b>9:00 CHAIR YOGA</b> w/Shirley 23 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 ART w/Shawndavid	<b>9:00 Functional Fitness</b> w/Deb 24  12:30 Chorus in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	<b>9:00 Balance &amp; Mobility</b> w/Jess 25 10:00 Tech Assist with Kristin <b>10:15 CENTER MEETING</b> 1:00-3:00 BINGO! 1:00 Knitting for Charity	<b>8:45 Zumba</b> with Jess 26 10:00 Functional Fitness w/Deb 11-3 MahJongg <b>SET UP for CRAFT FAIR</b>
<b>9:00 TOPS</b> 29 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity  12:30-3 PITCH 1-2 Learn UKULELE w/Otis	<b>9:00 CHAIR YOGA</b> w/Shirley 30  11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 ART w/Shawndavid  	<b>PLAN AHEAD</b>  <b>HEALTH FAIR</b> <b>Friday, May 17th</b>  		<b>CRAFT FAIR</b> <b>Saturday, April 27th</b> <b>9 a.m. to 2 p.m.</b>  
			<b>Strawberry Shortcake Day</b> <b>Friday, June 14th</b>  