

Tiverton Senior Center
 207 Canonicus Street
 Tiverton, RI 02878
 Telephone 401-625-6790 Fax 401-625-6793

November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	9:00 Walk Away the Pounds 9-3 SHIP 10:30 Tiverton High School Choir 1:00 Watercolor 1:00 Games	9:00 Exercise w/Deb 10:15 Nicholas Pacheco w/Medicare and United Health Care Updates 12:30 Chorus 1:00 Games	9:00 Walk Away the Pounds 9:30 TOPS 1:00 Knitting for Charity	9:00 Exercise w/Deb 11:30 Mahjong 1:00 Bingo
7	8	9	10	11
9:00 Exercise w/Deb 9-3 Quilting for Charity 1:30 Chair Yoga	9:00 Walk Away the Pounds 9-3 SHIP 1:00 Watercolor 1:00 Games	9:00 Exercise w/Deb 12:30 Chorus 1:00 Games	9:00 Walk Away the Pounds 9:30 TOPS 10:30 URI Outreach Program 1:00 Knitting for Charity	CLOSED IN OBSERVANCE OF VETERANS' DAY
14	15	16	17	18
9:00 Exercise w/Deb 9-3 Quilting for Charity 1:30 Chair Yoga 3:00 Care Givers Support Group Meeting	9:00 Walk Away the Pounds 9-3 SHIP 10:00 Words 4 Wisdom Book Club w/Prudence Fallon 1:00 Watercolor 1:00 Games	9:00 Exercise w/Deb 12:30 Chorus 1:00 Games	9:00 Walk Away the Pounds 9:30 TOPS 10:30 Center Meeting 10:30 Nurse Birthdays at Lunch 1:00 Knitting for Charity	9:00 Exercise w/Deb 9 - 3 Open Enrollment Day 11:30 Mahjong 1:00 Bingo
21	22	23	24	25
9:00 Exercise w/Deb 9-3 Quilting for Charity 1:30 Chair Yoga	9:00 Walk Away the Pounds 9-3 SHIP 1:00 Watercolor 1:00 Games	9:00 Exercise w/Deb 12:30 Chorus 1:00 Games	CLOSED IN OBSERVANCE OF	THE THANKSGIVING HOLIDAY
28	29	30		
9:00 Exercise w/Deb 9-3 Quilting for Charity 1:30 Chair Yoga 3:00 Care Givers Support Group Meeting	9:00 Walk Away the Pounds 9-3 SHIP 1:00 Watercolor 1:00 Games	9:00 Exercise w/Deb 9:00 Christmas Decorating Party 12:30 Chorus 1:00 Games		