

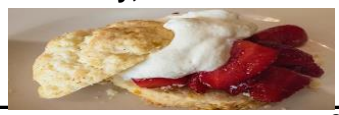









Tiverton Senior Center
 207 Canonicus Street
 Tiverton, RI 02878
 Telephone 401-625-6790 Fax 401-625-6793

MARCH 2024



Monday	Tuesday	Wednesday	Thursday	Friday
PLAN AHEAD: CRAFT FAIR Saturday, April 27th 9 a.m. to 2 p.m. 	HEALTH FAIR Friday, May 17th 	Strawberry Shortcake Day Friday, June 14th 		1 8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg 1:00 Painting with Kristen Come vote in Office!
4 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30-3 PITCH 1-2 Learn UKULELE w/Otis	5 9:00 CHAIR YOGA w/Shirley 11-3 MahJongg 1:00 DRUMS ALIVE! 2:15-3:45 Art w/SHAWNDAVID	6 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage	7 9:00 Balance & Mobility 10:00 Tech Assist with Kristin 10:15 ART for Your Mind <i>Early American Art</i> 1:00-3:00 BINGO! 1:00 Knitting for Charity	8 8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg 1-3 GAME Day
9:00 TOPS 11 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30-3 PITCH 1-2 Learn UKULELE w/Otis 2:30 Care Giver Support Group	12 9:00 CHAIR YOGA w/Shirley 10:15 BOOK GROUP: "Clock Dance" by Anne Tyler 11-3 MahJongg 1:00 DRUMS ALIVE! 2:15-3:45 Art w/SHAWNDAVID	13 9:00 Functional Fitness w/Deb 10:00 Computer Tutorial w/Mark 12:30 CHORUS in Lounge 12:30-3 Cribbage 1-3 Music of Sandy Cook	14 9:00 Balance & Mobility w/Jess 10:00 Tech Assist with Kristin 1:00-3:00 BINGO! 1:00 Knitting for Charity	15 CENTER CLOSED Today Floor Installation Prep 
 CENTER 18	CLOSED 19	for FLOOR 20	INSTALLATION 21	 CENTER CLOSED Today 22
WELCOME BACK!!! 25 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30-3 PITCH 1-2 Learn UKULELE w/Otis 2:30 Care Giver Support Group	26 9:00 CHAIR YOGA w/Shirley 11-3 MahJongg 1:00 DRUMS ALIVE! 2:15-3:45 Art w/SHAWNDAVID 	27 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 1-3 Music of Sandy Cook	28 9:00 Balance & Mobilty w/Jess 10:00 Tech Assist with Kristin 10:00 Blood Pressure Check with Nurse Terri 10:15 CENTER MEETING 1:00-3:00 BINGO! 1:00 Knitting for Charity	29 8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg 1-3 Game Day

