<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| 6 Pasta and Bean Soup  
**Entrée Salad**  
Grilled Chicken w/  
Strawberry’s / Almonds  
Tomato on Spinach/Iceberg Mix  
Italian Dressing  
Sliced Peaches  
Multi grain bread  
Grilled Chicken on Multi Grain | 7 Vegetable Soup  
**Italian Sausage w/ mustard**  
Pesto Tortellini  
Peppers & Onions  
Sponge Cake  
Sliced Italian Bread  
Italian Sausage w/ mustard on roll | 8 Lentil Soup  
**Swedish Meatballs**  
Roasted Potatoes  
Scandinavian Blend Vegetables  
Dinner Roll  
Roast beef w/ mayo on Roll | 9 Tomato & Brown Rice Soup  
**Pork Loin w/ Gravy**  
Mashed Potatoes  
Seasoned Spinach  
Shortbread Cookie  
Garlic Roll  
Pork sandwich on roll | 3 Red Chowder  
**Seafood Salad**  
3 bean salad  
Tri Colored Pasta w/Vinaigrette  
Fresh Fruit  
Wheat Dinner Roll  
Seafood Salad on Wheat |
| 13 Beef Noodle Soup  
**Herb Roasted Grilled Chicken**  
Au Gratin Potatoes  
Normandy Blend Vegetables  
Fruit cup  
Rye Bread  
Herb roasted grilled chicken on rye | 14 **Flag Day**  
**RED** Chowder  
**Chicken Cordon Bleu w/Gravy**  
**WHITE** Rice  
Broccoli Cuts  
**BLUE** berry Coffee Cake  
Marble Bread  
Chicken Salad on Marble | 15 Lentil Soup  
**Stuffed Peppers w/Sauce**  
Roasted Potatoes  
Scandinavian Blend Vegetables  
Dinner Roll  
Roast beef w/ mayo on Roll  
(Egg Salad on Oat Nut Bread) | 16 **HAPPY BIRTHDAY**  
**Chicken Escarole Soup**  
**French Meat Pie**  
**Lyonnaise Potatoes**  
**Broccoli Spears**  
**Fresh Fruit**  
**Garlic Roll**  
Pork sandwich on roll | 10 Clear Chowder  
**Beer Battered Fish w/Tartar Sauce**  
Lyonnaise Potatoes  
Broccoli Spears  
Fresh Fruit  
12-Grain Bread  
Fish Sandwich w/ tartar sauce on 12 Grain Bread |
| 20 **POTLUCK DAY!!** | 21 First day of Summer  
**Low Sodium Hot Dog w/ mustard**  
Baked Beans  
Carrot and Raisin Slaw  
Sports Bar  
Wheat dinner roll  
Hot Dog w/ mustard on a roll | 22 Cream of Broccoli Soup  
**Baked Ham w/Pineapple Slices**  
Sweet Potatoes  
Roasted Vegetables  
Pudding  
Rye Bread  
Ham and cheese w/ mustard on Rye | 23 Egg Drop Soup  
**Seafood Chow Mein**  
Crunchy Noodles  
Asian Blend Vegetables  
Seasonal Fruit  
Oatmeal Bread  
Seafood Salad on Oatmeal | 24 Minestrone Soup  
**Roast Turkey w/Gravy**  
Corn Bread Stuffing  
Baby Whole Carrots  
Cookie  
Wheat Bread  
Turkey and cheese on wheat |
| 27 Chicken Soup  
Veal w/Tomato Sauce  
Seasoned Whole Grain Pasta  
Italian Blend Vegetables  
Sliced Peaches  
Multi Grain Bread  
(Bologna & Cheese on Multi Grain) | 28 Vegetable Soup  
**Fried Steak w/Gravy**  
Wild Rice  
Cauliflower  
Brownie  
Wheat Bread  
Fried Steak on wheat | 29 100% Orange Juice  
**Spanish Omelet**  
Crispy Cube Potatoes  
Tomato Half  
Croissant  
Greek Yogurt  
Egg and cheese on Croissant | 30 Tomato Vegetable Soup  
**Chicken Marsala**  
Mashed Potato  
Summer Squash  
Fruit Cocktail  
Pumpernickel bread  
Grilled Chicken on Pumpernickel | **All menu items may contain nuts, seeds, beans, wheat bran, and other allergens.**
**Funded in part by the US administration on aging and state funds by the Rhode Island Office of Healthy Aging**

$3.00 Suggested Donation

June 2022  
Call 401-625-6790, at least 24 hours in advance, to order your delicious lunch!!