

October 2016

Director's Corner...

The Senior Center will be closed on Monday, October 10  
in observance of Columbus Day.

What lovely fall weather we have been enjoying. The cool days and brisk evenings are wonderful. Soon the leaves will be turning their beautiful fall colors and the trees will begin to look like an artist's palette.

And as fall rolls in so does Open Enrollment. It begins on October 15 and continues until December 7. If you belong to a Medicare Advantage plan, this is the time of year you can change your plan. A Medicare Advantage plan is either BlueChip or United Health Care (AARP) Medicare Advantage plan.

It is also the time to review your Medicare Part D (drug) plan. Every year plans come and go, the drug formularies change as do the premiums. Because of this you need to see if the plan you are currently in is still the best plan for you.

**Please call 625-6790 to make your appointment.**

Our annual Flu Clinic sponsored by VNS of Newport and Bristol Counties will be held at the Senior Center on Thursday, October 20 from 9:30 to 11. Don't forget to bring your insurance cards (Medicare, Supplement, BlueChip, United Healthcare Medicare Advantage) with you.

The Senior Center serves lunch Monday through Friday at 11:30. The cost is \$3. Why not stop in and pick up a menu. The meals vary daily and you may be pleasantly surprised. The one meal I will give a big push for is Liver and Onions. If this is one of your favorites, you need to try ours, it is very good!!! We are really the best deal in town. Reservations are necessary 24 hours in advance.

Need transportation to go grocery shopping? Or to purchase a gift or clothing? Need to get to the Bank? Call the Senior Center and try taking our bus on one of our regularly scheduled days. Reservations are necessary.

Janice